

ACCWPA

Air Conditioning Contractors Western Pennsylvania

February
2018

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- 2018 Mark Your Calendar
- ACCWPA Mtg. Notice
- Safety First

Volume 13, Issue 2

2018 General Meeting Dates

Mark your Calendar!

February 8, 2018
Wine Tasting Social
R Wine Cellar
See Meeting Notice

March 8, 2018
Concealed Firearm in the Work Place
Legal or Illegal?
Harry Sills
Juniper Grille - Cranberry

2018 Meeting Topics!

April 12th
May 10th
June 14th – Board Mtg Only
July – no meetings
August 23rd – Golf
September 13th
October 11th
November 8th
December – No Meetings

ACCWPA
Air Conditioning Contractors Western Pennsylvania

If you wish to continue getting our ACCWPA Newsletter, please email your email address to:
accwpa@zoominternet.net

February 8th - Meeting

Wine Tasting Social!



2014 Smallman Street, Pittsburgh, PA 15222 412-562-9463

R Wine Cellar History:

Located in the Historic Pittsburgh Strip District, R Wine Cellar is a family urban winery established to bring a world of wine tasting and experiences home to Pittsburgh, Pennsylvania. Our goal is to produce premier wines from the best grape-growing regions including California, Pennsylvania, and South America using minimal additives and preservatives. Each wine that we produce is handcrafted and carefully blended to produce distinctive yet very approachable wines. Cheers!

February 8th

Invite Family and Friends!!!

2:30 pm – Board Meeting

5:00 – 8:00 pm – **R** Wine Cellar

Tasting starts around at 5:45-6:00 pm in “The Tank Room”
\$25.00 per person (includes snacks / tasting of 12 wines)

Generous Assortment of Breads, Cheese and Fruit

RSVP: 724-687-7860 (phone, email or fax) –

NO cancellations after February 6th noon

Registration Flyer on page 3

WE HAVE MOVED SEE PAGE 8.
PLEASE UPDATE YOUR INFORMATION!

It shouldn't be surprising that weather-related auto accidents account for a lot of insurance claims every year.

No matter where you do business, every state, including southern states, experience periods of severe winter weather. Commuters and employees who drive as part of their job face driving risks every day, but especially in harsh weather.

Keep an Eye on the Sky

Roads covered with ice, snow, sleet, heavy rain, or freezing rain can affect vehicle traction, handling, and even visibility. These best practices may help you and your employees prepare for winter road hazards.

Remain alert for scattered slippery spots, especially on bridge decks and overpasses. Frozen slush can produce ruts that can "grab" the vehicle's wheels and affect steering.

Adjust speed to compensate for road conditions. Snow and ice dramatically increase the time and distance a car or truck needs to maneuver and stop. When driving on snow or ice, speed should be well below the posted limit.

Leave extra room between you and the vehicles around you. This could give you an extra second or two for reacting more evenly in a surprise situation and help avoid sudden maneuvers that can cause rear-end collisions, spinouts, or rollovers.

Outlook, Watch, Warning, Advisory – Know the Difference

The National Weather Service issues these forecasts, which are broadcast on NOAA Weather Radio and local radio and television stations. Knowing when an alert has been issued in your area helps drivers to plan accordingly.

The Driver

Drivers need patience. They shouldn't hurry to travel when driving may be difficult. They also need to pay attention to changing road conditions and stay focused on the situation. Distracted or drowsy drivers have slower reaction times, which could mean the difference between safely avoiding an accident—or not. Winter driving and behind-the-wheel distractions could be a deadly combination.

The Vehicle

You'll appreciate having your vehicle ready for winter, too. Check the windshield fluid level and ensure the wiper blades are appropriate for cold weather. Clear all windows of snow, frost, or ice before hitting the road.

Cold weather affects tire pressure, which should be checked as temperatures drop. Sufficient tire tread depth is essential for better traction. If your state allows tire chains, keep a set handy. If you drive long distances or in rural areas, carry emergency supplies in case of a breakdown.

Be Prepared

Federated's Shield Network® offers a selection of risk management materials and videos that can help your employees prepare for cold-weather driving. Please make it home safely every day.

This article is intended to provide general information and recommendations regarding risk prevention only and should not be considered legal advice. Following these guidelines does not guarantee reduced losses or elimination of any risks. This information may be subject to regulations and restrictions in your state. Qualified counsel should be sought regarding questions specific to your circumstances and applicable state or federal laws. © 2017 Federated Mutual Insurance Company. All rights reserved.



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If you feel like doing
some work, sit down
and wait...

The feeling does go
away

Inspiration

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Wine Tasting Social!



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RSVP: 724-687-7860 (phone, email or fax) – **NO cancellations after February 6th noon**

*** Important – RSVP is appreciated! ***

Email: accwpa@zoominternet.net or fax (724) 687-7860

Name(s): _____

Company: _____ Phone: _____

Email: _____

\$25.00 per person (includes snacks and tasting of 12 wines)

NO Cancellations after February 6th NOON. No shows will be billed.

IF YOU ALREADY MADE YOUR RESERVATIONS, THANKS!

PLEASE PASS THIS NOTICE TO SOMEONE ELSE THAT WILL BENEFIT!

Is it A Cold or the Flu? – by Bud Price

Although people often use the terms “cold” and “flu” interchangeably, they’re actually quite different.

The common cold is a virus that infects the nose and throat. Colds are not caused by bacteria. But bacterial infections—usually sinusitis or ear infection—can occur as complications of a cold.

There are 200 viruses known to cause the symptoms of a cold. Some infect the nose, while others infect the upper respiratory system.

Nose viruses are most active during early fall, spring, and summer, while upper respiratory viruses are most active in winter and early spring. Colds can occur anytime during the year. Symptoms appear gradually, a couple of days after the initial infection.

Influenza, or the flu, is an infection of the respiratory system caused by the influenza virus. The most severe flu is caused by the influenza type A and B viruses.

The flu is most commonly spread when viral particles are emitted to the air by coughing and sneezing. The virus also spreads when a person touches a surface contaminated with viral particles, and then touches his or her eyes or nose.

The flu is most common during the winter into spring. Symptoms begin abruptly (often with a fever), are usually more severe than cold symptoms, and typically last a week or more. Complications from the flu can lead to pneumonia.

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- Voice for the local contractors
- Golf Outing
- Education opportunities for your technicians
office staff
- Advocacy agenda promote contractor interest
- Labor and HR legal advice before utilities
- Helping members to stay ahead of the curve
- 8 Monthly informative meetings



Upcoming Meetings!

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Wine Tasting Social
R Wine Cellar
See Meeting Notice

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**Concealed Firearm in
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Air Conditioning Contractors Western Pennsylvania

Resolve to stay safe in 2018 ... By Bud Price

It's hard to believe that another year has passed and that we're beginning 2018. It's a great time to commit to some safety-oriented New Year's resolutions. This year resolve to:

- Use your knowledge, skills, and common sense to avoid accidents and injuries.
- Wear appropriate personal protective equipment (PPE) whenever it is necessary to protect you against workplace hazards.
- Keep alert for safety hazards, and report any hazards you spot that you can't safely eliminate yourself.
- Pay attention to safety signs and safety rules.
- Handle hazardous chemicals safely.
- Operate machinery and equipment correctly.
- Warn co-workers of the risks when you see them doing something unsafe (Engage In SWA).
- Attend all safety meetings and training sessions.

Take the safety information you learn at work home with you and teach your family how to prevent accidents and injuries.

Keep An Eye On Eye Care

January is National Eye Care Month. That makes this a good time to remember how important your eyesight is. What are you doing to take care of your eyes? Do you:

Always wear eye protection when required at work or when performing tasks at home that could lead to eye injuries?

Choose the right kind of eye protection for the job to ensure that you get maximum protection against eye hazards?

Have your eyes examined regularly?

See your eye doctor any time you have a vision or other problem with your eyes?

Taking good care of your eyes is one of the most important health precautions you can take. Just imagine what your life would be like without your sight.

Misc. Info

ACCWPA Newsletter and all notices:

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*Happy
Valentine's Day!*



Air Conditioning Contractors Western Pennsylvania
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Indoor Environmental & Energy Professionals

ACCWPA has moved!

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ACCWPA Upcoming Events

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 Juniper Grille - Cranberry



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